India's Largest Millet Snacks Company

Affordable Nutrition

TROO GOOD

www.troogood.com



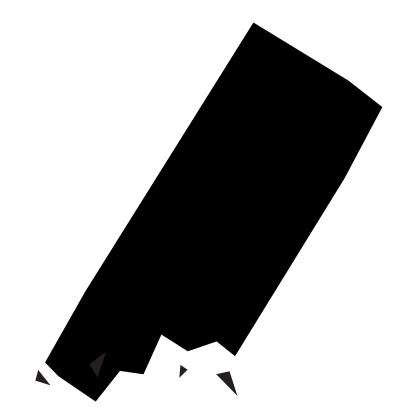


# WHY MILLETS ARE SO GOOD

Your mind, body, and soul — all will agree for once. Millets benefit each of them in their own way. They help in weight loss, improve heart health and digestion, and are loaded with nutrients for your brain.

Embrace healthy and tasty journey?

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# MAKING NUTRITION TASTY AGAIN



**TROOGOOD** emerged as an all inclusive FMCG brand that provides Highly Nutritious, Tasty and Low cost Millet based snacks.

# **OUR HEALTHY &** TASTY PRODUCTS



# Millet Chikki

Low Fat Body Detox Anti Ageing



## Peanut Chikki

PG 07

Protein Rich Controls Stress Healthy Skin



#### Crushed Peanut Bar

Low Fat Digestion & Cleansing Calcium Supplement



#### Dry Fruit Bar

Brain Supplement Fiber Rich High Protein



## Peri Peri Namkeen

Plant Protien Iron Minerals



#### Small pack. Large benefits.

Your blood sugar levels will find stability, your weighing machine will count lesser KGs, and cholesterol will be afraid of entering you.

Do not underestimate the power of anti-oxidants like zinc and selenium that keep you young.

And oh, did we say it will bring a smile on your face?







Anti Aging



Low Fat

Body Detox

## This Millet Chikki offers 30% of Fiber

INGREDIENTS:	Nutritional Facts / 100g		
Peanuts	Energy (Kcal) 490.00		
Ragi	Protein (g) 17.00		
Jowar & Bajra	Carbohydrate (g) 63.10		
Crisps	Fat (g) 22.62		
Jaggery	Fiber 06.15		
Sugar			



Fig1.00 MILLET CHIKKI



#### For taste buds, and for brain.

Peanuts are never out of trend. And when we make them healthy for you, the benefits multiply.

Without a doubt, this is the best way, to stress and anxiety away, and stay protein rich.

Meet our power-packed peanut chikki. Say hello to a healthy heart, and healthier skin.



Protein Rich



Controls Stress



Healthy Skin



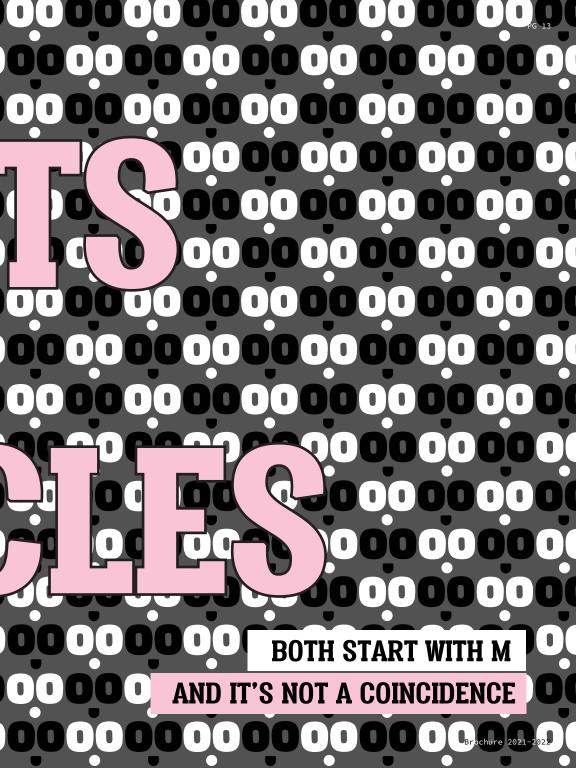
## This Peanut Chikki offers 10% of Protien

INGREDIENTS:	Nutritional Facts / 100g	
PEANUTS	Energy (Kcal) 488.01	
JAGGERY	Protein (g) 12.51	
SUGAR	Carbohydrate (g) 57.87	
	Fat (g) 23.30	
	Fiber 05.00	

Fig1.01 PEANUT CHIKKI









#### Meet the health all rounder

Remember captain planet? All good things in one! This Crushed Peanut Bar is the same.

The highly nutritious combo of peanuts and jaggery meets the anti-ageing and cholesterol controlling properties of millets and jowar.



Low Fat



Digestion & Cleansing Calcium Supplement



## This Crushed Peanut Bar is rich in Protien

INGREDIENTS:	Nutritional Facts / 100g		
Peanuts	Energy (Kcal) 488.01		
Flax Seeds	Protein (g) 12.51		
Butter	Carbohydrate (g) 57.87		
Jaggery	Fat (g) 23.30		
Sugar			





#### Old formula. New avatar.

Remember those few magical nuts in your pockets? They were the most friendliest way of staying healthy.

Meet them in a new avatar — Dry Fruit Bar including Almonds, Cashews, Jaggery, and Millets.

A wholesome combination of nutrients and health supplements.



Brain Supplement



Fiber Rich High Protein

## This Dry Fruit Bar is rich in Fibre & Iron

INGREDIENTS:	Nutritional Facts / 100g		
Almonds	Energy (Kcal)	480.00	
Cashews	Protein (g)	15.00	
Pistachio	Carbohydrate (g)	57.49	
Dates	Fat (g)	22.42	
Raisins			

Pumkin Seeds

Millets

Jaggery & Taste

Fat	(g)	22.42
	100	C 14
- Ab	1 al	and a
		Fat (g)

Fig1.03 DRY FRUIT BAR



#### Munch on for health

Make this your 4PM snack, or have it while you watch your favourite movies. This snack will replace all your cravings, while nourishing your mind and body.

The goodness of millets is here to improve your brain strength, immunity, and happiness quotient.



Plant Protien



Iron



Minerals



# Pearl Millet Namkeen rich in iron and protien

#### INGREDIENTS:

Pearl Millet

Rice Flour

Turmeric Powder

Ajwain



Fig1.04 PERI PERI NAMKEEN

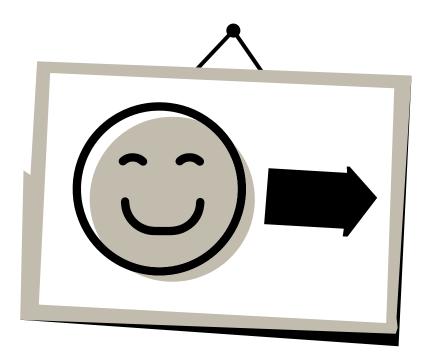


# **GIVING BRIGHT A BRIGHTER FU**



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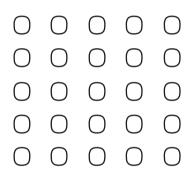


# THE WALL OF HAPPINESS

A significant part of our production goes to schools in rural areas where students could consume our nutritious products to stay maintain a fit body and a healthy brain.



Connect 25 points with 8 straight lines without lifting the pencil up.



Don't Google the answer. It's right inside this brochure.





